



Indoor Adult Soccer Rules

FACILITY LEAGUE RULES:

No teams shall sit in the area between the fields (Field 1,3,4) when there are 8v8 or 9v9 games being played (teams should be by the walls).

On field two(2) both teams must be at the side where the Clock table is (not on the fan side) (all ages) (not the 7v7 games).

No ball should be used for warming up between the fields (players can warm up without a ball) when there are 8v8 and 9v9 games being played.

All players are required to wear shin guards. No guards= No play

All adult games are played as 8v8 format. Any team failing to field a team of at least 6 players by the start of the game will automatically forfeit. **Additionally, each team is allowed a maximum of 3 "borrowed" players from another team(s) within the same division. Guest players are unlimited.** Coed teams are required to have no less than 3 females on the field at all times if all 8 players are on field. This count includes a female goaltender. If team is down players, the max amount of guys on field for COED is 5 guys=meaning they cant play with 6 guys. In other words, to start a coed game if they are down players there has to be 5 guys and 1 girl or 4 guys and 2 girls or 3 guys and 3 girls to start the game. **Any game-day discrepancies will be handled by the opinion of the active manager.**

Tie Breakers:

Main Sort: Puts the team with the most league points at the top.

Tie Breaker 1: Subtracts Scores Against from Scores For and puts the team with the highest value at the top.

Tie Breaker 2: Puts the team with the most scores made for them at the top.

Cautionary Fouls:

All cautions (yellow cards) are a 2 minute penalty. Teams may **NOT** replace player on the field. If a goal is scored player can resume play.

Second caution within a given game will be considered a red card which incurs a 4 minute penalty and the team playing short for the length of the penalty. If a goal is scored by the opposition during the penalty time, a player can be put back on the field.

A straight red card is also a 4 minute penalty with the team playing short for the full 4 minutes regardless of how many goals are scored.

All penalties must be served with the player the opposite side of the field from the player's bench.

Red Card Penalties:

1st offense: minimum 1 game suspension, Unless a violent foul/fight was committed. Then, TBD by Ultimate Soccer Management

2nd offense: 1-3 game suspension minimum, TBD by Ultimate Soccer Arenas Management

3rd offense: Ejection from remainder of season. Further consequences may be imposed upon players and will be determined by management on a case to case basis.

The league you receive a red card is what league you have to miss the following game(s) in. Example: If a red card is received in mens over 30, you have to sit the following mens over 30 game(s).

Management reserves the right to impose consequences other than those listed above based on the nature of the offense.

Referees will retain the player pass card of any player who commits a red card violation. Card will be kept on file in the main office until suspension has been served.

Red Carded players MUST leave the turf field. They may not be on the field during the game play.

COMMON COURTESY RULES:

A player wall set up in front of an indirect kick must have a 7 yard buffer between the ball and the wall.

Substitutions are on the fly so long as the player is not directly involved in the play on the field at the time of entry.

Use of a ball to warm up in between fields on Field 1 and Field 3 is prohibited. Players can use this space to run in only but may not do any ball work.

RULES OF PLAY:

Games will be regulated according to FIFA standards with the exception of the following items.

No off sides

No slide tackling. An indirect kick at the site of the slide tackle will be given to the opposing team. Goal keepers are permitted to slide in their penalty area only.

Any ball hitting the ceiling will be played as if the ceiling is part of the field of play. Landing out of bounds will result in a throw in.

AGE REQUIREMENTS:

All players must meet the age requirement for the league within the given play dates of the league.

Coed and Men's Open: all player must be 18 years or older

NO WOMEN ALLOWED IN ANY MENS LEAGUES(MENS OVER 30, OPEN, OR 40). Women are ONLY allowed in COED.

Men's and Women's Over 25: players must turn 25 years old within the 8 week time frame of the league of participation. No maximum age limitations

Men's Over 30: players must turn 30 years old within the 8 week time frame of the league of participation. No maximum age limitations

Men's Over 40: players must turn 40 years old within the 8 week time frame of the league of participation. No maximum age limitations

Teams found fielding players in violation of the league age requirements will incur the following penalties.

1st offense: Game forfeit

2nd offense: Team suspension of 1 game

3rd offense: permanent expulsion from the league with NO REFUND

PASSCARD POLICY:

Referees will collect cards prior to the start of the game, CHECKING EACH CARD TO MATCH A PLAYER ON THE FIELD. Referees will maintain possession of the cards through the duration of the game. A player's eligibility can be contested prior to the start of the game or during half time. Cards for players who receive red cards should be retained by the referee and turned in to the front desk at the conclusion of their shift.